

Kailo Deeper Discovery and Co-design: Young designer and researcher application pack

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01. What is Kailo?

Kailo is a new research and design project working with young people and communities in Newham and Northern Devon to learn about the local issues that have an impact on young people's mental health and wellbeing and work together to improve them.

Over the past 8-10 months we have been speaking to lots of young people and adults in Newham and Northern Devon to understand what they think impacts young people's mental health and wellbeing the most, and what needs to change or improve.

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02. The background

The emerging priorities surfaced through early discovery are:

- How might young people, their families and wider community express how they are feeling so that they are listened to and understood?
- How might we ensure that young people experiencing discrimination as they navigate multiple identities feel supported and safe to be themselves?
- How might we help form more trusted relationships between young people and their community?
- How might we support the wellbeing of young people that are directly and indirectly impacted by the threat or presence of violence and crime?
- How might we create and support safe spaces for young people?
- How might we support existing communities and activities that young people rely on for their wellbeing?
- How might schools and young people build support that nurtures rather than excludes students?
- How might young people work towards the future that they want for them and their families?



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03. What's the role?

We believe young people with lived experience of growing up in the area have invaluable knowledge, experience and expertise in knowing what is needed to improve the mental health and wellbeing of young people.

Specifically, we are recruiting two Young Researchers and Designers to take an active role within Kailo's Design and Implementation team, to ensure that young people's voices are central to the design work that Kailo is doing in Newham.

A keen interest and awareness of young people's mental health and wellbeing, and a desire to learn more is essential - the post-holder must also be willing to discuss topics of general mental health and wellbeing with young people and professionals. You will be provided with support to talk about sensitive topics as needed.

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04. What will I be doing specifically?

Ideally, we are looking with someone with experience of group work and being in group settings (i.e., participating in school or community groups) and a willingness to collaborate with a variety of people (young people, peers, professionals, and senior leaders) and build relationships with a diverse range of young people.

Here are just some of the things that you might cover as part of the role:

- Supporting the logistics and practicalities around leading or taking part in co-design sessions (e.g. communicating with members of the group about time and date of sessions, organising meeting spaces, refreshments and stationary).
- Work with the Kailo team to build strong relationships with youth and community organisations and wider community members, to build the profile of the work that we are doing as part of Kailo.
- Feed into the strategic direction of Kailo based on what we are learning and discovering through the work we are doing in Northern Devon.
- Support research, planning, logistics and facilitation to bring together young people from Newham and Northern Devon to share learning across the two places that Kailo is working in.
- Attend meetings, conferences and events to share learning from the work Kailo is doing in Newham, as well as to build networks and the profile of Kailo.

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05. What else is important to know?

You must be aged 16-25, living in Newham and have knowledge and/or willingness to learn of other cultures in the community to take part.

You also must be able to commit to 14 or 21 hours per week (2 or 3 days a week) and able to commit to 12 months of employment.

It's important that you can show good organisational and time management skills as well as good listening skills and ability to empathise.

Above all, we are looking for someone who is:

- Passionate about improving the lives of young people in Newham.
- Willing to develop skills in research, design and facilitation as well as build relationships with a diverse range of young people.
- Interested or experienced in one or more of the eight key areas listed on page 3 (The Background).



**The salary range will be
£23,333 full-time
equivalent (pro-rata).**

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We welcome applications from young people from different backgrounds. We are particularly interested to hear from young people who have experience of at least one of the following:

- Being of ethnic minoritised heritage - particularly Pakistani; Bangladeshi; Black; Mixed; or Gypsy, Roma and Traveller.
- Being neurodivergent or having a special educational need, physical disability, or long-term health condition.
- Not being in (or finding) employment, education, or training for the past six months or more.



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06. How will I benefit from participating?

- You'll have the opportunity to learn and develop skills and knowledge in social research, co-design, service design and facilitation, and apply them in practice.
- You'll gain practical experience of being part of a process from the early design phase through to implementation and delivery in the community. This valuable work experience will help you demonstrate key transferable skills to other settings (e.g. teamwork, communication, problem solving, critical thinking).
- You'll build your expertise in the challenges affecting young people in Newham and experience working with other young people, professionals and community members to improve young people's mental health and wellbeing through the prioritised areas.
- You'll have an opportunity to showcase your creativity and ideas and bring them into Kailo through our co-design phase.
- This is a great opportunity for you to increase your contacts and networks with youth and community organisations in Newham.
- You will be remote working (working from home) and/or at an office near UCL (Camden). Working space may be made available at a local youth organisation in Newham, this is to be confirmed.
- You'll also be provided with a laptop and any other equipment you might need for the project
- You'll be supported by two line managers to support you and your work. Your employer is University College London (UCL) - and you'll have a line manager there (who you'll connect with online on a regular basis). You'll also be supervised day-to-day by a member of the Kailo team based in London, alongside the rest of the co-design team and local partners.

All travel expenses, food and refreshments will be provided!

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07. Application and selection process

To apply please download the application form from the UCL or Kailo page and reupload to the UCL website. This will provide us with key information about you (e.g., your name, date of birth, postcode, contact details, diversity information), allow us to get back in touch and to check we are reaching a diverse and representative group of young people across the area.

Overall, the process requires you to answer three short questions about why you want to join the team, and what you'll bring.

You can do this either by:

- Recording short answers via a voice note or video on your phone (up to three minutes); Or
- Writing answers to the questions in a short online form (max 250 words per question); Or
- Arranging a telephone call with us, so you can answer the questions over the phone. (up to 1 minute per question)

Please indicate on the form, how you'll do this.

The questions we will ask are:

1/ Tell us what makes you a good fit for the role of Young Researcher & Designer in the Kailo Team? (max. 250 - words)

2/ Which of the key areas and priorities identified in Newham are you most interested in contributing to and why? You can choose more than one (see the key areas on page 3 (The Background)). (max. 250 - words)

3/ Tell us about your experience of doing group work or being in a group setting. For example, doing group work at school, or in your community, working as a volunteer, etc. (max. 250 - words)

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08. The deadline

The deadline for proposals is

21.04.2023

The Kailo team will review applications during that week and provide feedback by 26.04.2023.

We will shortlist applications for 45 minute interviews which will take place between 3rd-5th May, 2023, either over a video call (Zoom - we will send you a link ahead of interviews), or in person, depending on your preference and our availability. In the interview we will have an informal conversation about your experience and motivation for applying for the role. You will also hear more about the programme and have the opportunity to ask any questions you might have.

All applicants will be notified of the outcome and final decisions by Wednesday, 10th May, 2023.

Inductions and training will then be held later in May.

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09. What happens if I get the role?

References

If we decide we would like to appoint you to the role we will require a reference from one of your teachers, a tutor, a former employer/manager (if you have previously worked), places where you might have volunteered, a community organisation or other member of your community, such as your neighbour (18+). We will only use this to find out a bit more about you from someone you know.

DBS Check

If you are appointed we will also require an Enhanced 'Disclosure and Barring Service' (DBS) check. A DBS check is a process used by organisations and employers to see whether someone has a criminal record. This is a very important safeguarding procedure which helps us ensure all the young people we are working with are protected from harm. Kailo will pay for you to get one, even if you have an existing one.

If you do have a criminal record, you can still apply for this role, and if anything is flagged in your DBS check we can have a conversation with you to better understand the nature of your criminal record and assess whether you are still eligible for the role. [Read more about DBS and your rights here.](#)

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10. Any questions?

We will also be holding some drop-in sessions online and in person. This will be a chance to find out more about the Kailo project, ask questions about the role, meet the team, and ask about anything else you might find helpful. The dates for these sessions are:

Thursday 6th April, 12-1.30pm - [Link here](#), Passcode: RUar93

or

Thursday 20th April, 3-4.30pm - [Link here](#) Passcode oKYdQm

If these times don't work for you, then don't hesitate to call Ilse on 07751 017307 or email Ilse on ilse.lee@uclpartners.com to find an alternative time for a conversation.

For further information about Kailo, see: <https://kailo.community/>

For further information about this community partnership opportunity, hit this link kailo.community/youth-researcher-designer-nw

Here we'll host some Frequently Asked Questions (FAQs), which we'll update as other questions come in.



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**We are looking forward to hearing
from you!**

kailo.community

